



# Redruth Archers Newsletter

Issue 04 September 2007

Thank you to Julia Goldsworthy MP for her contribution to Redruth Archers Trophy Project.



Star from "The Games", Julia has a go at Archery

## Club Members Achievements

**Lots of Club Records have been broken & set this year during the outdoor season. Congratulations go to the following members:**

**Kevin Chidgey** Gents Compound: New National, FITA 720, Double FITA, FITA, Double 720, National, distance records for: 70m, 50m, 30m, long metric & short metric and achieved the **Perfect Score for the single American of 810!!!!\*\*\*\*\***

**Geoff Gardener** Gents Compound: Double American.

**Sally Sandoe** Ladies Compound: Western and Albion

**Philip Spavins** Gents Recurve: Half FITA, distances: 90m, 70m, 50m and 30m, FITA 720, 12 arrow pass.

**Chloe Gillatt** Junior Ladies Recurve: Bristol II, Metric II and Double Metric II.

**Jamie Sanderson** Junior Warwick Longbow.

**Dominic Firth** Junior Gents Recurve: Short Junior Warwick.

**Congratulations** to four of our Club members selected to shoot for DCAS County Team at the Intercounties: Kevin Chidgey, Sally Sandoe, Jimmy Sandoe and Philip Spavins.

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## **Sunny Corner Nurseries**

Helen Jane Thompson

The Old Market, The Square, Chacewater, Truro. TR4 8PY

Tel: 01872 5600084

Mobile 07980 984421

Large Selection of Trees, Shrubs, Perennials and Herbaceous Plants for all dry, boggy, shady & windy positions.

Composts, Feeds and Fertilisers, Hand Tools Gifts Authentic Whisky Barrels, Pots and Containers.

Fresh Flowers, Bouquets, Buttonholes and Funeral Wreaths

Bird Feeders, Houses, Peanuts, Seeds, Fatballs, Birdbaths

Gardening tool sharpening and repair service

Friendly and professional advice from the people who care about plants

Open 9am – 5pm Mon-Sat 10.30 am – 4 pm Sun & Bank Holidays.

**New Members:** please note that we do not take club bows and arrows to our indoor venue. If you do not have your own equipment, please make arrangements with the Treasurer to hire equipment during the indoor season. Those who have completed the improvers' distances and have your own equipment should already have the combination number to the garage, if not please ask a Committee Member. The combination number is changed each year at the AGM.

**If you are approached by a visitor wanting to shoot at the field, please check their GNAS Membership card to ensure that they are a GNAS member: otherwise neither of you will have insurance cover in the event of an accident.**

**Redruth Archers AGM 7<sup>th</sup> November 2007  
7 pm at the Redruth St. John Ambulance  
Hall**

Entry Forms to Archery Tournaments can be found in the folder in the garage and at the St. John Ambulance Hall on Wednesday evenings

**Indoor shooting: will commence on Wednesday 3<sup>rd</sup> October 2007**

**• Redruth St. John Ambulance Hall: Wednesday Evenings**

Due to the limited space, it is essential that you arrive on time to set up your equipment and be ready to commence shooting at the stated times.

- Juniors be ready to start shooting at 5.30 pm
- Seniors be ready to start shooting at 7 pm

In order that our junior archers can have sufficient shooting time to take part in the Postal League, on the first Wednesday in each month (7<sup>th</sup> Nov, 5<sup>th</sup> Dec, 2<sup>nd</sup> Jan, 6<sup>th</sup> Feb and 5<sup>th</sup> Mar) Senior Archers should delay arrival until 7 pm to commence shooting at 7.20 pm.

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Redruth Archers take part in the Devon and Cornwall Archery Society (DCAS) Indoor Postal League for Seniors and Juniors – 5 doz arrows

Junior scores are also entered in:

- The Grand Western Archery Society (GWAS) Postal League - 3 doz arrows
- The Grand National Archery Society (GNAS) November Challenge for Juniors - 3 doz arrows

Shooting outdoors still continues during the winter. The field is available to use 24/7 (except during Tournaments or Have-a-Go's).

**For Sale**

Bickerstaff Longbow L/H 31lb @ 23”  
(max. 24”) draw length £100 ono  
Contact: Caroline Gillatt

**You could be a lucky winner in our monthly 100 Club draw** but, first “you must be in it to win it”, so buy a number (or two). Numbers are drawn at the end of each month. Your payment options are: buy a number (or several) each month, pay in advance or by direct debit. The money raised goes to club funds. Contact Margaret Simpson for details. £££££

***Check that you are wearing the correct colours before you go to a tournament***

**Club Colours for lower garments** has been approved by GNAS: your alternative to GNAS Green or White is Black. Upper garments remain the same: Royal Blue (with logo) or GNAS Green or White Sweatshirts and GNAS Green or White or White (with logo) Polo shirts.

**Our Club Logo is with Trophy Textiles** (for the front and/or back of garments) and orders can be placed using the order form in the club house with catalogue. You may have the front logo embroidered directly onto your own garments: for this please make your own arrangements direct with Trophy Textiles for the price. Embroidered cloth badges with the club logo which you can sew on to your garments will be available shortly.

**Diary Dates**

**2007**

**29<sup>th</sup>/30<sup>th</sup> Sept - Work Party at the field**

**3<sup>rd</sup> Oct to 19<sup>th</sup> Dec -**

**Indoors at St. John Ambulance Hall**

**October**

**14<sup>th</sup> Kryton Archers - Worcester**

**14<sup>th</sup> St. Austell Bay Archers - Double Stafford**

**28<sup>th</sup> Brixham Archers - FITA 18**

**November**

**7<sup>th</sup> Redruth Archers AGM**

**11<sup>th</sup> St. Austell Bay - Double Portsmouth**

**25<sup>th</sup> DCAS (County) AGM**

**December**

**19<sup>th</sup> Redruth Archers Xmas Fun Shoot**

**2008**

**January**

**2<sup>nd</sup> onwards - Indoor at St. John Ambulance Hall**

**February**

**24<sup>th</sup> - County Indoor Championships**

**March**

**23<sup>rd</sup> - County Field Championships**

**April**

**20<sup>th</sup> Redruth Archers - Longbow**

**27<sup>th</sup> Redruth Archers - Double 720 FITA & Cadet 720 FITA**

**May**

**4<sup>th</sup> DCAS Grand Day**

**11<sup>th</sup> Redruth Archers - Double American**

**July**

**20<sup>th</sup> Redruth Archers - Canadian 1200**

**August**

**2<sup>nd</sup>/3<sup>rd</sup> Redruth/DCAS - Double FITA Star**

## Answer's to Paul's SUDOKU puzzles

ANSWER: EASY

3	6	2	4	8	1	5	9	7
5	4	9	6	3	7	8	2	1
1	7	8	9	5	2	6	4	3
4	3	6	5	7	9	1	8	2
8	5	1	3	2	4	9	7	6
9	2	7	1	6	8	3	5	4
2	9	5	7	1	6	4	3	8
6	8	3	2	4	5	7	1	9
7	1	4	8	9	3	2	6	5

ANSWER: MORE DIFFICULT

4	1	8	9	7	3	5	6	2
6	2	9	1	8	5	7	4	3
3	7	5	2	6	4	9	1	8
2	5	1	8	4	9	3	7	6
8	6	3	5	1	7	4	2	9
9	4	7	3	2	6	8	5	1
7	9	2	6	5	8	1	3	4
5	8	6	4	3	1	2	9	7
1	3	4	7	9	2	6	8	5

ANSWER: JUST PLAIN DIFFICULT

5	9	6	2	3	7	8	1	4
1	7	4	6	9	8	2	3	5
2	8	3	4	1	5	7	6	9
4	1	8	5	7	9	6	2	3
6	5	7	3	4	2	9	8	1
9	3	2	1	8	6	4	5	7
7	2	9	8	5	1	3	4	6
3	6	1	9	2	4	5	7	8
8	4	5	7	6	3	1	9	2

Here's another one to try:

			8			2	3
		2				7	
3					6		
	8				5	9	1
							6
5			9				8
		6		8		4	
	3						7 2
	5			9	4		6

**Change of Club Rules:** With effect from 11<sup>th</sup> September 2007, Target Days are now any day for Handicaps, Classifications and Club Records – please put your completed (dated, signed and countered-signed) score sheets for any recognized round in the Black Box in the garage. Remember to include results lists from tournaments.

### Successful shooting tips

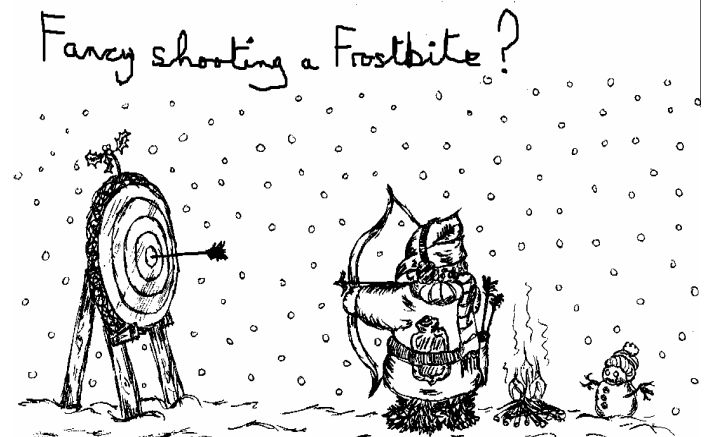
Warm up well before you do any stretching  
 Drink plenty of fluids (non-alcoholic) – helps concentration and vision.  
 Avoid sweets, sugar & chocolate  
 Eat slow-release energy foods – bananas, rice cakes, pop-corn

## Helen's Horticultural Hints

After a very dry start to September we did welcome the rain when it eventually arrived. Things were beginning to look very dry. Leaves were dropping much sooner than they normally would and Autumn seemed to arrive early.

- Autumn is the best time to be planting you shrubs, perennials and bulbs as the soil is warm, which will encourage good root growth before the winter.
- Most of the annuals now are dying back and can be lifted and composted. Planting of winter hardy pansies, violas, bellis and wallflowers can be done now and this will give you plenty of colour for the winter and early spring.
- There are plenty of colourful leaved shrubs which will brighten up the garden for the winter.
- Pruning of any summer flowering shrubs can be carried out now.
- Be prepared for early frosts. Get your fleece ready and make room in your greenhouse for half hardy plants and keep an eye on the weather reports.
- Plant out spring cabbage now.
- Repairing of damaged lawns should be carried out now either with grass seed or new turf.
- Now is a good time to be doing your hardwood cutting and also planting of hedging plants.
- Cut back dahlias after the first frosts and lift out of the soil. Tubers should be stored in a dry, frost free place for the winter ready to be replanted in the spring.

We also take part in the DCAS Outdoor Postal League called a Frostbite



Everyone is welcome to join in – shooting usually takes place on a Sunday morning at the field. Speak to Philip Spavins for dates and times.

Winter survival tips: Wear a hat, invest in some thermals and waterproof boots. Wear lots of thin layers to avoid feeling too bulked up.